



Newsletter 2012

Message From The Director

The Haifa Center continues to promote basic human rights for all sectors. Answering the need in the local community, we opened a Treatment Center for Women and Adolescent Girls suffering from a range of mental health issues including: abuse, anxiety, eating disorders, postpartum depression, and more. By treating problems before they escalate, we are able to stop the deterioration in the community and help the next generation build stable and healthy families. The importance of this venture cannot be emphasized enough with many families dealing with so much pain and suffering. Our message is one of hope as we look forward to a brighter future! Thank you for your ongoing support and help.

Jeremiah Lubasch, MD
Founding Director



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TREATMENT CENTER FOR WOMEN AND ADOLESCENT GIRLS

It came to the fore the need for a treatment center to provide culturally sensitive treatments to women and adolescent girls coping with a range of mental health issues. Characterized by large families, often with low incomes, these women are committed to building a strong and healthy family unit. However, they do not always have the tools and emotional stamina to achieve this goal. In addition, issues of abuse, trauma, anxiety, eating disorders, post partum depression, and more are on the rise, and can no longer be ignored. These problems directly affect the functioning of families; specifically the children. By providing professional, low cost treatment in an atmosphere and environment that understands the specific needs of the local community, we are able to help families overcome problems and look forward to a better future. Services include psychotherapy, CBT, dyadic therapy, psychiatrist, parental guidance, support groups. We work together with local leadership and community workers; as well as the Social Services at the Haifa Municipality.



Therapeutic Kitchen

Woman-to-Woman (Isha LeReuta)

In conjunction with the Social Services of the Haifa Municipality and volunteer community workers, this project focuses on mothers who have difficulty in running their homes - 15 volunteers were trained and sent into the homes to provide assistance. After one year of activity, we have seen dramatic results. Many families have overcome difficulties and improved daily functioning. The volunteers will be further trained by the Haifa Center staff with a series of professional lectures on a variety of topics.

Announcing Annual Purim Campaign

March '12 – once again we invite you to participate in our campaign – honor your friends and relatives with a festive Purim card by donating NIS 50/\$18/£15 for a Mishloach Manot. We will distribute a sweet package to a needy child in lieu of Mishloach Manot.

NIS 50/\$18/£15 = one Mishloach Manot = one card to a friend/relative.

The proceeds of this year's Purim Campaign will go towards a number of causes: Children hospitalized in Oncology Departments, Needy Families, and At-Risk Adolescent Girls.

SOME OF OUR ONGOING ACTIVITIES:

- Mentoring project for boys who lack a father figure at home, in conjunction with **"Big Brothers Big Sisters, Haifa"**.
- **Pediatric Cancer Patients** and their families receive trauma treatments in our **Snoezelen Room**.
- Didactic and Emotional Therapies for Ethiopian Immigrant Pupils
- Children staying in Haifa **Shelters for Battered Moms** receive didactic therapies at Chi.L.D., including professional assessments.
- Community work in conjunction with local Social Services of Haifa Municipality
- **Parental Guidance** – for those who face multi-problem situations with their children, and don't know what treatment options are available, Haifa Center staff meets with parents and provides direction how to deal with problems.
- **Students from the Haifa University** studying to be expressive therapists are able to do their internship at the Haifa Center, supervised professionally by Yael Keidar, Clinical Director. They are integrated successfully in all our programs.



Snoezelen Room

Excerpts from a farewell letter from Daniella Who did 2 years of National Service at The Haifa Center

Hi,
My name is Daniella, and I am doing my National Service at The Haifa Center for Chi.L.D. I will soon be leaving after two years of service – and leaving will not be easy for me.
The lovely children, the warm and caring staff, the satisfaction I have that I am really making a contribution and helping – that is so fulfilling! The work done by National Service girls is very important here – it makes you feel needed.
I think, no I am sure, that I served in the best place to do service – and this I mean seriously....
There is a lot of activity here at the Haifa Center - it is a learning center that helps children with many developmental problems – occupational therapy, speech therapy, Snoezelen Room.
My friends, this is the place to choose. Good luck and I'm sure you'll enjoy yourselves.

Send regards from me,
Daniella

VISITORS AT THE HAIFA CENTER

- **Dr. Stan Goldman** of the Weinberg Foundation
- **Orna Alschech** of the Glencore Foundation
- **Ilana Meler** of the Rambam Hospital, Rotary representative
- **Dr. Marc Panchaud** of the Emouna Foundation - Switzerland, together with **Dr. and Mrs. Francois Chappuis**, former Swiss ambassador to Israel
- **Mr. Jalal Hatami**, Deputy Secretary General – Baha'i World Center



Dr. Stan Goldman, Weinberg Foundation

SPECIAL THANKS

- To all those, worldwide, who **voted** for us in the Leumi Digital competition
- To **Pninit** - our graduate, the hero of our movie!
- To **Hadassa and Stuart Palmer** for all your efforts to make the competition a success!
- To **Lenny and Forest Mashkovsky** for donating the movie and their professional work
- To **Zehava Litovsky** for her share in the competition
- To **Lydia Rodewald** for sending the link all over the world
- To **Ovadia Chamama** for donating the use of his song in the movie
- To **Motti Vagner** from **Israel Electric Co.** for upgrading the Snoezelen Room
- To the **Almani Family** for the ongoing support over the years
- To our dedicated staff, who acted as a team, pooling resources in the competition and who is a GREAT team throughout the year.



Pninit volunteering

FAREWELL TO

Sima Metzger
Who retired after many dedicated years of remedial teaching

Chani Meshi
Remedial teacher who has taken up a new post as School Principal in a new special ed. school in Rechasim

Daniella Chen Dandeker
Who did her National Service at our Center and spent two very productive years here

EVENTS AT CHI.L.D.

- We participated in **Leumi Digital** competition with a movie on YouTube to advertise our center. **Pninit**, one of our graduates, told the world her moving success story. Unfortunately Bank Leumi cancelled the competition before its conclusion. All organizations were awarded NIS 10,000 to cover the costs they incurred.
- **The Crisis Center for Religious Women, Jerusalem** ran interactive workshops for our kindergarten children to promote awareness on abuse and the importance of child protection.